

# CAPE COD BAGEL CAFE

Contemporary casual cuisine & cyber café

419 Palmer Avenue • Falmouth • MA

• **HOMEMADE GELATO & ICE CREAM** •

508.548.8485 • Extended Summer Hours

••••• **BAKERY** •••••

••• **SANDWICHES** •••

••• **SIGNATURE SPECIALTIES** •••

••••• **SALADS** •••••

## BAGELS

ITALIAN	ORANGE CRANBERRY
PLAIN	MARBLE
WHOLE WHEAT	CAJUN
CINNAMON RAISIN	POPPY
SPINACH & GARLIC	GARLIC
ONION	EGG
PUMPERNICKEL	SALT
BLUEBERRY	SESAME
EVERYTHING	
BAGELS	.99 EA

HONEY GRANOLA BAGEL	
ASIAGO CHEESE BAGEL	
FRENCH TOAST BAGEL	.10 EXTRA

One FREE with every dozen 9.89  
(.10 extra for specialty bagels)

## BAKERY

Assorted specialty cookies, cakes and squares.  
Varieties available daily and for special order.  
Cookies - Assorted Varieties .75 ea  
Muffins - Large 1.79

## BREAKFAST ALL DAY LONG

Bagel with Scrambled Egg:	
1 Egg	3.09
Ham, Bacon or Sausage	3.49
With Cheese	add .50
Bagel with:	
Butter or Margarine	2.69
Peanut Butter	2.69
Jelly - Grape or Strawberry	2.79
Peanut Butter & Jelly	3.49
Honey	2.79
Bagel with Cream Cheese:	
Plain Cream Cheese	3.09
Flavored Cream Cheese	3.29
Lite Flavored Cream Cheese	3.29
Cream Cheese w/ Lox, Tomato & Onion	6.89
Cream Cheese & Jelly	3.59
Cream Cheese & Fresh Veggies (2)	3.69

## DAILY SPECIAL

Pick 2	
Cup of Soup, Small Salad	
or Half of Sandwich	6.59
add .50 for Chili, Chowder	
Pizza Bagel	Half 1.99 Whole 2.99

## Yogurt & Fruit & Just Delicious

Chappaqua Crunch	4.39
Organic Stoneyfield Farms light vanilla yogurt, juicy fruit chunks topped with our homemade, toasted, all natural granola	
Fruit Cup	4.49
Cut fresh daily watermelon, cantaloupe and honeydew, with papaya, pear, peach, grapes and pineapple	

## HOMEMADE SOUPS

Four to Ten Varieties Daily	
8 oz. ....	3.59
16oz. ....	4.59
Award Winning Clam Chowder, Chili, Gumbo and Specialty Soups	
8 oz. ....	3.99
16 oz. ....	4.99

## BREAKFAST SPECIALTIES

Banana Butter Bagel	3.29
Peanut butter and sliced banana drizzled with honey and a taste of cinnamon	
Log Cabin	3.89
Sausage, egg and cheese on a French Toast bagel with Maple Syrup on the side	
Banana Split	3.89
Plain Cream Cheese, fresh bananas, strawberry jam on a bagel of your choice	
Fiesta Bagel	3.99
Sausage, egg and peppers and onions with melted Pepper Jack Cheese	
South of the Border	3.99
Jalapeño Cream Cheese, egg with tomato and melted Pepper Jack or Cheddar Cheese	
Brick Oven Cinnamon Swirl Bread	2.09
w/Butter	

## SANDWICHES

Served with chips, potato salad or coleslaw

Tuna	6.79
Dijon Egg Salad	6.19
Chicken Salad	6.79
BLT	6.09
Bacon & Cheese	5.99
Swiss, American, Provolone or Cheddar	5.59
Ham & Cheese	6.19
Turkey - Oven Roasted	6.79
Turkey Club	7.19
Hot Pastrami	6.79
Roast Beef	6.79
Veggie Burger	6.19
Vegetarian Bagel	5.49
Vegetarian Bagel Melt	5.89
<b>Add Cheese:</b> Swiss, American, Provolone, Cheddar or Pepper jack	add .40
<b>Add-ons:</b> Pesto, olive tapenade or caramelized onions	add .40
<b>Bread:</b> Wheat, 7-grain, white, marble rye, crusty French sandwich roll	
<b>European Tuscan Bread:</b>	add .40
<b>Wraps:</b> All natural plain, whole wheat, spinach, tomato	add .40
<b>Mustards:</b> Grey Poupon, honeycup, yellow or spicy brown	
<b>Spreads:</b> Hellman's mayo, horseradish spread or lite mayo	
<b>The Rest:</b> Lettuce, tomato, onions, sprouts, pickles, hot peppers, cucumbers & shredded carrots	

## SALADS

Served on a bed of crisp romaine and baby greens

Fresh Garden Salad	5.49
Sweet tomatoes, cucumbers, shredded carrots, green peppers, red cabbage & Asiago cheese	
With grilled chicken	6.99
Half Garden Salad	3.49
All of the goodies at a bit more than half the size	
Granny's Tuna	6.99
Tuna salad with Granny Smith apples & sharp cheddar cheese served with sweet tomatoes, cucumber & shredded carrots	
Nonni's Chicken	7.29
Italian marinated chicken breast with Feta cheese, kalamata olives, cucumbers, tomatoes, green peppers	
Buffalo Tom Salad	6.99
Fresh mozzarella and sweet tomatoes, finished with cracked pepper and balsamic vinaigrette	
Clover Chicken Salad	6.99
Chicken coated with gorgonzola dressing, dried cranberries, celery & walnuts with cucumbers, tomatoes and green peppers	

<b>Bourbon Street Turkey Tips</b>	7.29
In a tasty bourbon marinade with mandarin oranges, tomatoes, cucumbers, shredded carrots & green peppers	
<b>Chicken Caesar Salad</b>	6.99
Chicken strips, Asiago cheese & Tuscan Caesar dressing	
<b>Mild Curried Chicken Salad</b>	6.99
Sweet tomatoes, cucumbers and shredded carrots	
<b>Dressings:</b> Balsamic, Tuscan Caesar, Caribbean Mango Vinaigrette, Zinfandel Vinaigrette, and most of the other usual dressings.	

## SIGNATURE SPECIALTIES

Served with chips, potato salad or coleslaw

<b>Mediterranean Turkey</b>	6.99
Turkey, roasted red pepper, provolone, lettuce, pesto-horseradish spread on herbal bread	
<b>Clover Chicken Wrap</b>	6.99
Chicken breast and gorgonzola cheese spread, dried cranberries, chopped celery, and walnuts with lettuce and tomato on your choice of wrap	
<b>Mild Curried Chicken Wrap</b>	6.99
With cucumbers and lettuce on a lo-carb wrap	
<b>Turkey Tapenade</b>	6.59
Oven roasted turkey, provolone cheese, spread with olive tapenade on a bed of lettuce & tomato on a bagel	
On a wrap, foccacia or Tuscan	6.99
<b>Turkey Pesto</b>	6.99
Oven roasted turkey, cheddar cheese & tomato on Tuscan bread with pesto sauce	
<b>Granny's Tuna</b>	6.99
Granny Smith apples and tuna with a wee bit of Hellman's Mayonnaise on your choice of wrap, foccacia or Tuscan bread or	
On a bagel	6.59
<b>North End Sausage</b>	6.99
Sweet Italian Sausage (the real thing), sautéed green peppers and onions on a French sandwich roll	
<b>Steak &amp; Cheese</b>	6.99
Shaved steak, your choice of cheese and caramelized onions or sautéed green peppers and onions on a French sandwich roll.	
<b>Chicken Fajita Wrap</b>	6.99
Chicken strips, sautéed peppers & onions, lettuce, tomato salsa, sour cream & melted Pepper Jack Cheese	
<b>Chicken Caesar Salad Wrap</b>	6.99
Chicken strips, Asiago cheese, lettuce and Tuscan Caesar dressing on your choice of wrap	
<b>Vegetarian &amp; Hummus Wrap</b>	6.49
Hummus, lettuce, tomato, sprouts, cucumbers, pickles, red onions & hot peppers	
<b>Middle Eastern Wrap</b>	6.99
Hummus, tabouli, baba ganouj, shredded carrots, sprouts & olive tapenade on your choice of wrap	
<b>Spicy Thai Tofu Wrap</b>	6.99
Organic tofu marinated in a spicy peanut and toasted sesame sauce with lettuce, tomato and sprouts	

## SPECIALTY WRAPS

Served with chips, potato salad or coleslaw

<b>Virginia Baked Ham Wrap</b>	6.19
Lite garlic & Herb cream cheese, lettuce, tomato & sprouts	
<b>Oven Roasted Turkey</b>	6.99
Scallion & chive cream cheese, lettuce, tomato & sprouts	
<b>Roast Beef</b>	6.99
& Lite Garlic & Herb Cheese	
Lettuce & tomato	
<b>Grilled Chicken</b>	6.99
Caramelized onions, lettuce and tomato	

**WE CATER WITH WEDDING BRUNCHES AND OTHER OCCASIONS**